

“THE CONSEQUENCES OF COMPLAINING”

“Lessons from the Wilderness,” part 4

A sermon outline based on Numbers 11:1-17

Hillcrest CRC, August 16, 2020, 9:30am

Rev. Curt Walters

1. Sometimes complaints are **legitimate**. (Numbers 11:1)
2. It’s easy to focus on the **negative**. (Numbers 11:4-6)
3. Complaining is **contagious**. (Numbers 11:4,10-15, Philippians 2:14-15)
4. **Fast** from complaining for 24 hours. (Philippians 2:14-15)
5. Our complaining affects **God**. (Numbers 11:1-2)

Next steps...

- On a scale of 1-10, rate yourself as to whether you tend to be pessimistic and complain (1) or whether you tend to be optimistic and grateful (10). Ask someone who knows you well if they agree with your score. Then talk with family members or friends about how people’s attitudes affect them.
- Read, reflect on and memorize Philippians 2:14-15 *“Do everything without complaining and arguing, so that no one can criticize you. Live clean, innocent lives as children of God, shining like bright lights in a world full of crooked and perverse people.”* (Philippians 2:14–15, NLT)
- Fast from complaining for at least 24-hours. When you’re tempted to complain, think of something you’re grateful for instead. And thank God for at least 10 things at the end of every day.